



September 2010



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Sit and Fit 1:30pm	2	3	4
5 Hot Dogs At the Pool 12-1pm	6 Labor Day Office Closed Pool Closes	7 Bus Leaves 9am Sit and Fit	8 Sit and Fit 1:30pm	9 Book Club 11am	10	11
12	13 Sit and Fit 1:30pm	14 Bus Leaves 8:30am Colonial 9:30	15 Sit and Fit 1:30pm	16	17	18
19	20 Sit and Fit 1:30pm	21 Bus Leaves 9am	22 Sit and Fit 1:30pm	23 Coffee 10am	24	25
26	27 Sit and Fit 1:30pm	28 Bus Leaves 8:30am Colonial 9:30	29 Sit and Fit 1:30pm	30		